QUICK, EASY, AND OH-SO-YUMMY

HOMEMADE GRANOLA



Ingredients

- 3 cups rolled oats
- 1/2 cup chopped almonds
- 1/2 cup chopped walnuts
- 1/2 cup pumpkin seeds
- 1/2 cup cranberries &black currants
- 2 tbsp ground flax seeds
- 1 tbsp chia seeds
- 1 tbsp cinnamon
- 1/4 cup coconut oil
- 1/2 cup honey (or maple syrup,
- if vegan)
- 1 tbsp vanilla extract

Instructions

- Preheat your oven to 300 F.
- In a large mixing bowl combine the oats, almonds, walnuts, pumpkin seeds, cinnamon, chia seeds and flax seeds. Set aside.
- In a medium mixing bowl whisk together the melted coconut oil, honey and vanilla extract.
- Combine the wet mixture with the dry mixture and stir well.
- Pour the granola onto a large greased cookie sheet and gently spread out into a thin layer.

Instructions

- Bake at 300F for 15-18 minutes until golden brown, but not too dark around the edges.
- Remove the tray of granola from the oven and sprinkle with the dried cranberries and black currants.
- Allow the granola to cool on the baking sheet until room temperature and break it into bite-sized pieces.
- Store the granola in a jar.
- Enjoy

